

**CHARITY CYCLE RIDE**  
**IN AID OF SPINAL RESEARCH UNIT**



**CHARITY EVENING HELD AT**  
**ABERYSTWYTH FOOTBALL CLUB**  
**THURSDAY 15TH JULY 2010**  
**TIME 7PM**  
**TICKETS £10**  
**INCLUDES BUFFET,**  
**AUCTION & RAFFLE**

**TICKETS AVAILABLE FROM:**

DAI: 07974340788  
WYN: 01974 261645  
JOHN: 01970 890420  
PAUL: 07791915516  
MARK: 01654 703856  
HEFIN: 01970 623178  
WAYNE: 07759174238

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